



Removing diseased energies

PRANIC HEALING

Diseases of any kind first occur in the energy body, the core layer. With Pranic healing, trained healers apply the principles of sweeping away the bad energies from the aura or energy bodies and infuse fresh energy called Chi or Ki into the diseased parts. In this noninvasive method, the sick energies are safely disposed off into a bowl of water with rock salt which absorbs it.



Pic: Shiba Prasad Sahu

Handling invisible energies, the technique of Pranic Healing is nevertheless effective in freeing a person of disease and giving a sense of vitality. (Below) Padmini Ramesh, founder of Pranic Healing Home, Anna Nagar.



YOU may walk in with a severe migraine headache. And by the time you sit down on a chair and begin telling about your head ache and other complaints, Pranic healer Padmini Ramesh has already finished scanning you for whatever health problems you may have. Before even you wonder if it will all work, the process of healing has begun. For a person receptive to the application, the head ache is gone, as if like a cloud that dispersed as vapour into the sky! This no-touch system of healing seems like a miracle. But it is as miraculous as the tube light shining at the tap of a switch.

Even for Padmini Ramesh who founded the Pranic Healing Home at Anna Nagar II Avenue, it was with much doubt that she gave it a last try in 1994 when she was suffering from severe migraine after the birth of her second child. With all the best medical attention, nothing seemed to work. She narrated



her experience on Independence Day, also the birth anniversary celebration of Master Choa Kok Sui of Philippines, a chemical engineer who discovered this system of healing after 20 years of research.

"You have nothing to loose," her friend coaxed her to try the no-touch therapy. "I was sent to a 20-year-old healer. After that, I never went to another healer and in five months I became a healer myself and got to start this Centre," she says.

There is very little help one

can receive from medicines when it comes to mental and emotional troubles, which lead to a lot of physical disease too, she says. "Whatever happens in your life, it is either because of the balance or imbalances in your energy body. After healing, we also teach people to generate good Karma or the right action such as tithing 10 per cent of your income," says Padmini.

Pranic healing works with the healer intending and channelling the healing energies drawn from the air, sun and earth which are unconscious forces and the divine energy which is subtler and a conscious force by itself.

"Just as different fabrics have different textures, the energy also has different textures," she says.

They are willing to give demonstrations of Pranic Healing to schools, colleges, institutions and even individual groups. Contact: 99400 65724/2621 3528/ pranichealinghome@hotmail.com/www.pranichealinghome.org

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